



Special Area Newsletter

October 2020

[Meet the Special Area Teachers 2020-2021](#)

THEATRE



Theatre class has been quite an interesting endeavor! We've had many discussions about what actually makes something theatre. We listened to a lot of music before deciding to dance to Lady Gaga's "Born This Way". We are all coming up with creative ways to do some of the theatre exercises we are learning. - Scott

Elementary Music



- With Gretchen

Grades K-2 have been working on the steady beat. We have been singing, moving and taping with music to show how the beat is the heart of music. Just like our hearts beat, both fast and slow, so does the beat of music.

Grades 3-5 have been working on using their voices to sing and being comfortable with this at home as well as reading notes and lyrics to new songs. We also are working on getting everyone into their Quaver account for future assignment push-outs.

If you have any questions please feel free to contact me at glberger@gbaps.org.

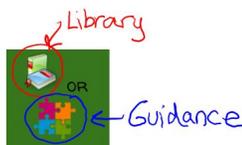
ART NEWS FROM MEGAN PIERQUIET

I've been so thrilled with all of the amazing artwork and participation in Art class so far this year. My goal is to continue to build relationships with my students while introducing new Artists and developing artistic skills. One project to mention was our celebration of International Dot day with reading the book "The Dot" and then learning to create our own dot designs through digital media on seesaw.



Greetings from the Aldo Library!

- Elementary students will be following a rotating schedule Guidance and Library schedule. Both links are listed on students' digital dashboards, like this:



Your child's teacher will remind them which class to attend, but as a helpful support, [the Guidance and Library schedule can be found here](#).

- All students in the Green Bay Area Public Schools are learning about [Digital Citizenship](#) and the [GBAPS Acceptable/Responsible Use Policy](#), especially in the months of September and October. Ask your child what they've learned so far!
- Hopefully, online learning is starting to get a little easier. Thank you for your perseverance! If you find yourself in need of help, you can visit the [GBAPS Parent Education Gateway](#) for tutorial videos, connect with the [GBAPS After Hours Support Center](#), or even [contact me via email](#).
- COMING SOON: We are working on getting things set for Curbside Library Pickup at Aldo! The details have not been finalized yet, but we are hoping to get things started by mid-October. More information will be shared as soon as it is finalized and approved!

~ Middle School Music - Popular Music Workshop ~

Middle School students who selected Popular Music Workshop as one of their first trimester exploratory classes have been working on bucket drumming. Students have been composing their own lines of rhythm on the Neutral Clef as well as reading, playing, and echoing various rhythmic patterns. - Gretchen



MIDDLE SCHOOL BAND/CHOIR/ORCHESTRA

Secondary music is working on developing and refining current skills. Band 1 and Orchestra 1 students just chose the instruments they will study, while Band 2 and 3 are working on presentations to teach the younger students about what they chose.

Choir students have learned the warmup and some techniques for producing a good vocal sound. Soon, all classes will be engaged in a combination of workbook study and individual projects while we continue our group discussions.

We miss playing together, but the students are being patient and engaging how they can! - **Shahnon**



¡HOLA!

I'M SO GLAD TO BE BACK WITH OUR K-8 SPANISH STUDENTS! EVERYONE IS BUSILY REVIEWING WHAT WE LEARNED LAST YEAR, AND BEGINNING TO LEARN NEW VOCABULARY AND CONVERSATIONS! FOLLOW THE LINK BELOW TO SOME MORE INFORMATION ABOUT ME, THE SPANISH TEACHER, AS WELL AS ABOUT THE MIDDLE SCHOOL HIGH SCHOOL CREDIT CLASSES.

[WELCOME TO SPANISH 2020-21](#)

SCHOOL COUNSELOR - KELLY

GUIDANCE

It has been so good to reconnect with students!! I'm amazed at their resilience and touched by their stories and smiles! **We can do this together** is a theme we have been talking about and the importance of **learning from our mistakes!!** Students have listened to books around this theme and have shared wonderful examples of how they continue to carry on even in times of adversity!

SMALL GROUPS AND INDIVIDUAL

I am in the process of organizing groups for students dealing with anxiety and students dealing with issues related to family changes. If you are interested, feel free to email me at kkhutchison-wardlow@gbaps.org

I can meet with students individually if they want to talk, through google meet. I am available every day and want students to know that I am here for them! Parents, feel free to give me a call or send me an email as well!

SCHOOL BASED MENTAL HEALTH

Through collaboration with the Green Bay School District, Foundations Health and Wholeness, Inc., is pleased to offer mental health counseling for students at Aldo Leopold School. Foundations works to provide quality mental health counseling, and our focus is in seeking solutions for mind and spirit. Foundations commits to providing quality services to all clients, without restriction to ability to pay. Our organization is one of only a few providers in the community who accept Medicare, Wisconsin Medicaid, and offers payment assistance. A master's level licensed counselor from Foundations will be scheduling time with Aldo Leopold to see children in need of mental health counseling who are experiencing barriers to accessing traditional mental health services at community outpatient clinics. Currently all school-based therapy services with Foundations are being done virtually out of respect for the health and safety of everyone involved. Students can attend a virtual session from a private area in the comfort of their own home, or they can schedule time to come into the clinic to use our technology to have a private virtual session in one of our offices. ****If you are interested in having your child involved in this program, please contact Kelly Hutchison-Wardlow at 448-2140, ext 10322 or email me at kkhutchison-wardlow@gbaps.org. Attached is information about our Mental Health Counselor, Kate Bellingar.**



Kate Bellingar, MA, LPC, NCC

WORKS WITH CLIENTS 5 YEARS OLD THROUGH ADULTS

PASSION POINT: Helping clients build resilience and self-compassion I encourage clients to explore both their past and present in order to better understand how patterns of thinking, feeling, and behaving make sense in the context of their experiences. By collaborating with clients, I help them to identify their strengths and build new skills and insights for managing life's stressors. I also incorporate mindfulness and movement practices and/or play therapy based on client need and interest.

MY PHILOSOPHY

I believe in each person's potential for growth and innate ability to recover from adversity. I believe that change happens within a collaborative relationship in which clients feel understood, supported, and challenged. I use warmth, authenticity, and humor to build a trusting space for clients to reflect and grow.

WORKS WITH

Children 5+, Adolescents & Adults

ADHD

Emotion Regulation

Family and Relationship Concerns

Identity Exploration and Expression

Cultural Adjustment

Life Transitions

WHAT'S IN IT FOR YOU

Honesty and Compassion

Improved Self-Awareness

Increased Resilience and Coping Skills

EDUCATION

Master of Arts in Counseling, Northwestern University

Bachelor of Arts, Michigan State University

PE NEWS!!!

Welcome back everyone it has been so great to see all of your faces. While it makes me very sad that we cannot have our PE classes in person, It has been awesome looking and listening to your posts on seesaw and talking with you in our meets. In the upcoming weeks we will continue to focus on exercising at home and improving our help. I hope you are all doing great and can't wait to see you in person!!!!

-Mr. Berg

HAVE A GREAT FALL!

