



4K NOVEMBER

NEWSLETTER

SAFETY IN OUR SCHOOL FAMILY

We will continue to practice and talk about school safety on a daily basis. The children recite a safe keeper chant with me everyday. We practice taking deep breaths to help calm self at school. I hope that the S.T.A.R. breath, the drain, the pretzel and the balloon are techniques that you can help your child practice in your home. When you come to school as a visitor, please remember to stop and sign in at the office.

We just completed our first round of conferences and I sat down with 37 families for some meaningful conversations around goal setting. If you did not get time to connect with me, or need additional time to meet with me, please feel free to send an email or call to set up a time. crkelly@gbaps.org or 448-2140

STORY TIME & PLAYGROUP

November 2 - 8:15-8:45 storytime theme iscolors

Looking ahead, the next story time is December 7 from 8:15-8:45 in the Library

Looking for more fun...? ALCS Parent Child Play Group

Who: Any families with children Birth - 5

When: Friday

Time: 8:00 a.m. - 9:30 a. m.

Where: Room 129 --the 4k classroom

Cost: it's**FREE!!!**

Activities: Art projects, singing & listening to music, story time etc...

Feel free to bring snacks for your children. Please remember that we are a tree nut/peanut free school. This is a parent and child opportunity. Grandparents and other caregivers are also welcome to come.

***Interested in leading and planning an activity? Please contact Emilie Heil for more information

WINTER GEAR..MIGHT BE HERE

We have a small lost and found (items that are 5T and smaller) that is located at the end of our coat hooks outside the classroom. Please make sure that your child's name is on EVERYTHING so that we can help get the clothing back to the home it belongs to. As the boots, hats, and mittens are coming soon to our hallways we will be teaching responsibility to the children. We teach the children to practice pulling out their own sleeves when they are stuck in their jacket. They gain practice with self help skills by allowing for time to put their own shoes /boots on and using the zipper on their backpacks. **THANK YOU FOR YOUR PATIENCE AND SUPPORT AS THEY CONTINUE TO GROW MORE INDEPENDENT WITH THEIR SELF HELP SKILLS.**

OUR SCHEDULE

We are adding a Library time to our schedule on Thursdays. We will have a short storytime with Carson Smith our LMC secretary. The morning story time is from 9:00-9:15 and the afternoon is from 2:30-2:45.

DATES TO NOTE

- **November 2...LMC storytime 8:15-8:45**
- **November 20..end of trimester**
- **November 21.22.23... NO 4k today...**
- **Dec 7 ...save the date... Making glitter timers**