



4K SEPTEMBER NEWSLETTER

Greet and Eat

Part of the daily schedule in 4k is meal time. This is an exciting time for the children, and I value teaching the whole child to be successful with self care and independence while eating at school. Each day in morning and afternoon classes, we "Greet and Eat" from 8:00-8:30 and from 11:05-12:25 in the afternoon. It is important for your child to participate in a healthy meal with their classmates. We learn table expectations, practice opening foods independently, learn how to ask for help using an appropriate volume, and how to clean up and take care of the waste when finished. Aldo Leopold Community school is an allergy aware school and we will need to work together to keep our 4k meal time safe for all of the students in our school. When sending food from your home, we ask that you carefully read the packaging and be aware of the school policies regarding being a **peanut and tree nut free school**. Please remember that this includes foods with packaging stating "foods processed in a peanut /tree nut facility". These foods will **NOT** be allowed to eat at school and will be sent home.

SCHOOL SUPPLIES

Thanks to you, we have everything we need to begin the year. We will not need the notebooks this year. Please keep them at home. Our folders will go home on Thursday and should be returned on Monday. I will let you know when there are needs for more supplies as the year goes on. Please remember that we would like you to keep extra clothes in your child's backpack in case of accidents or spills. Backpacks, boots, jackets, sweatshirts are all items that should be labeled with your child's name.

STORY TIME & PLAYGROUP

Friday, the 21st of September, from 8:30-9:30 will be our first story time. It will be held in the classroom and is open for all AM and PM students as well as our Parent child playgroup. Our parent child playgroup is FREE and open to all ALDO families. The ages of children in playgroup are newborn to 4 years old. If you would like more information about playgroup, please contact Emily Heil (448-2140 x10809) or email at echeil@gbaps.org.

SAFETY AND SECURITY

Please remember that we have a heavy traffic flow around our school during arrival and dismissal. The crosswalk is the **SAFEST** way to move across the streets. Please help me teach and reinforce this message to our small children. At school, we say a safe keeper chant everyday. *"Welcome to our family, Guess who I am. I am the safe keeper, I am I am. My job is to keep you safe and Our job is to help keep it safe. Oh, Yes! Oh, Yes! We are going to have a great day!"* Ask your child what jobs/behaviors they do to keep our classroom family safe each day. Lastly, we will be practicing our first evacuation drill and fire drill this month.

AT HOME

Your can help our child develop listening skills and get them on the right track for literacy when you spend at least 15 minutes a day reading with your child. Bedtime is a good time to create a reading routine because it is a quiet activity which allows children to reflect and make connections with life . It is likely that your child may want the same story read several times. This is wonderful! The repetition and familiarity with a text strengthens your child's

comprehension skills and love for reading.