

# December 4k Newsletter

With cold and flu season right around the corner, we are hoping that you can help us keep the classroom germ free by teaching and reinforcing good hygiene habits. Wash hands in warm water for 30 seconds after using the bathroom. Sing the whole ABC song while washing or have your child count along with you to 30. Coughing into the elbow bend so that germs are not caught on your hands is also good practice. We have also been having many conversations on using a tissue and closing the bathroom door, and aiming for better accuracy when using the toilet.

## Self help skills

**PLEASE make sure that your child has their belongings (hats, mittens, snow pants, jacket) labeled with their name.** We also will be going out every Monday and Tuesday (weather permitting). It is helpful to have warm enough clothes to enjoy the winter weather. Please encourage your child to put on their own snow pants, boots, and practice zipping independently at home. The dressing sequence we follow at school is snow pants, boots, jacket, hat and lastly mittens or gloves.

**\*\*\* There is a small (size 3-5 )“lost and found” at the end of our coat hooks. Please come take a look if you are missing something\*\*\***

## Literacy at Home

ABC 's are coming home for practice at home. Pointing at letters, singing the ABC song and writing them are just 3 ways these can be used. Children can use these sheets to find and touch letters that parents tell them to find. This can be turned into a "look and find" game to play together. Most important, these sheets are practice and will not be scored or collected at school. You can keep them at home for practice.

## Story and craft

We will be making glitter timers at school on **Dec 7 from 8:45-9:15** Please bring your own **durable water bottle with the cap** to use for this craft. We will provide the glitter and glue. Please RSVP by Dec 6 so we know how many to plan for. Hope to see you there!

## Upcoming ALDO Events

Dec 7---Library storytime 8:15-8:45

Dec 17 --Vision Screening

Dec 21- Jan 2 Winter break

This is a song about manners- It follows the tune to  
"I'm a little Teapot"

*We say "Thank you."  
We say, "Please,"  
And "excuse me,"  
When we sneeze.*

*That's the way  
We do what's right.  
We have manners.  
We're polite.*

*I have super manners. Yes, I do.  
I can say "Please," and "Thank You,"  
too.  
When I play with friends, I like to  
share.  
That's the way I show I care!*

